

Bring Your Cup

by Dawn Marasco



Have you ever been at a place in your walk with God where you CRY OUT...
“HOW LONG... O LORD... WILL I BE LIKE THIS?”

That is where I was as a young Christian woman. I grew up in a non-Christian home and starting a family of my own, I was desperate to be changed. But my change felt as slow as molasses.

It was during a time of reading the Word that I got so frustrated with myself and my progress with God that I stood up and cried out, “How long O Lord? How long will I be like this?!?” I walked to the kitchen sink with my cup of coffee in hand. I turned the water on. That’s when I felt God gently speak to my heart saying, “Place your cup of coffee under the running water.” I placed my cup under the water. The pure clean water poured into my cup. I watched the good go in and the dark come out. Although the clear water was pushing out the dark coffee, I really saw no change in the cup. That’s when I cried out again in frustration, “Nothing is happening!” That is how I felt in my own life, I was putting the Word of God in but nothing was happening.

I felt God say to my heart, “Watch and see.” So I waited as the good clean water pushed out the dark water. After what seemed like a very long time I could see the coffee water was getting lighter and then lighter still, until it ran crystal-clear. I felt God lovingly speak to my heart, “This is what I am doing in your life. Keep coming to Me daily, and bring Me your cup. I will fill it, cleanse it and I will over flow your cup with good things.”

Though I was not where I wanted to be in my walk with God. That day I realized God was cleaning the inside of my cup and it would take some time because my cup was full of darkness.

Day by day God wants us to bring Him our cup. He wants to fill us, cleanse us, heal us and bless us. God’s Word is like the crystal-clear water that He uses to transform us. The Bible tells us to be transformed by the renewing of our mind.

Just like the cup of water changed over time so will our lives be transformed by the renewing of our mind through the Word of God. He is faithful and He will do it but, we must bring Him our cup to fill and to overflow.

Many of our cups are filled with hurts, pains, regrets, shame, selfishness, sins and even fears of the past, present and future. We live with cups full of darkness, when God has called us to live pure lives filled with the power and the presence of God. Surrendering our cup to Him makes us feel vulnerable and weak but the truth is when we surrender our cup to Him, He will set us free. As we come to be filled by Him, He will free us from all that keep us from His best.

It has been many years since I first cried out to be changed by God, and I have cried out many times since. As I continually set time aside to be in His Word, wanting to know Him better, He completely changed my life. I am not the same person I was all those years ago. I have found an intimate Savior, who always meets me where I am. He has healed me and taken those dark places and filled them with good things such as love, joy and purpose. His continual presence has given me a confidence in my God and a peace that has carried me through some of the darkest days. I have given Him my cup and He has given me a gift beyond measure!

Are you frustrated with your progress with God?

Are you willing to give Him your cup?

Will you ask Him to fill it and even overflow it?

He calls us to come and bring Him our cup no matter what the condition of the contents. He loves us and is faithful; He will fill us with good things.

A surrendered life... Is a life that He can fill and overflow! Come and bring your cup.